

**Norway Triathlon Registration**  
**to benefit trail construction at Roberts' Farm Preserve**  
**Saturday, July 19, 2008 at 8:30 AM**  
**1k swim, 15k bike course, 5k foot race**

**Registration**

Last Name: \_\_\_\_\_

First Name: \_\_\_\_\_

Competing solo

In a team

Other team members (if applicable): \_\_\_\_\_  
\_\_\_\_\_

Team Name: \_\_\_\_\_

Male  Female  Date of Birth: \_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_

Age on race day: \_\_\_\_\_

(Must be 18 years or older unless special permission is received from the race director.)

Street Address or P.O. Box: \_\_\_\_\_

City, State & Zip Code: \_\_\_\_\_

Evening Telephone: \_\_\_\_\_

E-Mail Address: \_\_\_\_\_

T-Shirt Size (S, M, L, XL): \_\_\_\_\_

Number of meals \_\_\_\_\_ (entry fee includes a meal for each athlete) Vegetarian? \_\_\_\_\_

Support person meals (\$10.00 extra) \_\_\_\_\_ Vegetarian? \_\_\_\_\_

**Release and Waiver:** I know that participating in the Norway Triathlon on July 19, 2008 is a potentially hazardous activity. I should not enter and compete unless I am medically able and properly trained. I also know there will be traffic on the course (including and not limited to motor vehicles and boats) and I assume the risk of competing in such traffic. I also assume any and all risks associated with competing in this event including, but not limited to, falls, contact with other participants or vehicles, the affects of weather including high heat and humidity, and the variable conditions of Lake Penneesseewassee, roads and highways, mountain trails, all such risks being known and appreciated by me. Knowing these facts, and in consideration of you accepting my entry fee, I hereby for myself, my heirs, executors, administrators or anyone else who might claim on my behalf, covenant not to sue, and waive, release, and discharge the event organizers, volunteers, or anyone acting on their behalf, from any and all claims or liability for death, personal injury or property damage of any kind or nature whatsoever arising out of, or in the course of my participation in the Norway Triathlon event. This Release and Waiver extends to all claims of every kind or nature whatsoever, foreseen or unforeseen, known or unknown. I, the undersigned, understand the event organizer has the right to shorten or even cancel the event if, in his judgment, environmental conditions become dangerous. No refunds will be given. The event director reserves the right to reject any entry.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

(UNSIGNED RELEASE AND WAIVERS WILL BE REJECTED)

Entry fee:

Single \$65

Three-person\* \$95

Non-USAT members please add \$10.00 for each competitor for a day membership on July 19, 2008. USAT members must verify membership prior to the race.

Extra Meals: # \_\_\_\_\_ X \$10.00 each = \$ \_\_\_\_\_

TOTAL ENCLOSED: \$ \_\_\_\_\_

Please send completed registration form with a check made payable to:

**Western Foothills Land Trust- Norway Triathlon**  
**PO Box 107, Norway, ME 04268**

\* Must compete as a relay team. A three person team must have a different person perform each leg of the course.

For more information: [www.wftmaine.org](http://www.wftmaine.org)  
[www.norwaytri.com](http://www.norwaytri.com)

Western Foothills Land Trust: 207-739-2124